

SMART Goal Map

Directions: List the required information in the appropriate areas as indicated.

S

Make it
Specific

What do you want to accomplish?

M

Make it
Measurable

How will you know when you have accomplished your goal?

A

Make it
Attainable

How can the goal be accomplished?

R

Make it
Relevant

Is this goal worth working hard to accomplish? Explain.

T

Make it
Timely

By when will the goal be accomplished?